



# EMS System for Metropolitan Oklahoma City and Tulsa 2021 Medical Control Board Treatment Protocols



Approved 9/9/20, Effective 1/15/21, replaces all prior versions

## 3J – NEBULIZATION THERAPY ADULT & PEDIATRIC

EMERGENCY MEDICAL RESPONDER
EMT
EMT-INTERMEDIATE 85
ADVANCED EMT
PARAMEDIC

EMR may only assist with patient's own nebulizer

### Indications:

1. Dyspnea – Uncertain Etiology
2. Dyspnea – Asthma
3. Dyspnea – Chronic Obstructive Pulmonary Disease (COPD)
4. Acute Allergic Reactions
5. Bronchospasm from toxic inhalations

### Contraindications:

1. Non-bronchospastic respiratory distress (eg. clear presentation of CHF)

### Technique:

- A. Assemble nebulization device.
- B. Fill nebulization chamber with medication to be nebulized.
- C. Initiate 6-10 lpm O<sub>2</sub> flow if using hand-held nebulization device or via face mask.
- D. Place nebulization chamber “in-line” with respiratory circuit if using nebulization via NIPPV, supraglottic airway or endotracheal tube. Use continuing pre-nebulization lpm flow of O<sub>2</sub> to deliver nebulized medication through the respiratory circuit.

Repeat steps B – D as patient condition indicates per applicable protocol(s).